



## *Aftercare Advice for Facials*

- Do not undertake any other facial treatments within 48 hours of your appointment
- Avoid heat treatments such as sauna, steam room for 48 hours.
- Avoid perfumed products, self tan or heavy makeup application for 24 hours.
- Do not apply any other exfoliating skincare products for 72 hours after having a facial
- Avoid touching the area. Your skin's pores may be open and vulnerable to bacteria.
- Drink plenty of water to flush away any toxins.
- Avoid showering before bed to allow facial products maximum time to treat your skin.